



HIDDEN LAKES ELEMENTARY

900 PRESTON LANE
KELLER, TEXAS 76248
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P.S. It's My Body Personal Safety Program

HLES Parents/Guardians,
Hidden Lakes Elementary students will participate in a personal safety program called "P.S. It's My Body" on April 19 or 20. The program is presented by Alliance for Children and is designed to teach and reinforce the three Rs of personal safety: Recognize, Resist, and Report. This program provides an introduction to personal safety concepts. More information can be accessed at:

<http://www.allianceforchildren.org/communityeducation>.

Parents can preview the presentation for each grade level [here](#).

Children who participate in **P.S. It's My Body** will be able to...

1. Recognize welcome and unwelcome touches.
2. Learn basic resistance skills (say "No" and move away).
3. Identify and report to trusted adults.

Parent permission is required for students to receive the presentation. All students will need to return this form with a guardian's signature indicating the choice for your student. Please return this form no later than **April 12, 2023**.

If you have questions about this personal safety program, please feel free to contact:

Katia Gonzalez
Alliance for Children
817-989-9075 ext.106

Janet Schupp
HLES School Counselor
817-744-5000

Federal mandate established by 81(R) House Bill 1041, "Jenna's Law."

Janet Schupp
HLES School Counselor

_____ I **do** want my child to participate in the P.S. It's My Body Program at Hidden Lakes Elementary.

_____ I **do not** want my child to participate in the P.S. It's My Body Program at Hidden Lakes Elementary.

Parent Signature _____ Child's name _____

Teacher _____